1. **COURSE TITLE\*:** Introduction to Sport and Kinesiology
2. **CATALOG – PREFIX/COURSE NUMBER/COURSE SECTION\*:** HPER 1101
3. **PREREQUISITE(S)\*:** None **COREQUISITE(S)\*:** None
4. **COURSE TIME/LOCATION/MODALITY: (*Course Syllabus – Individual Instructor Specific*)**
5. **CREDIT HOURS\*:** 3 **LECTURE HOURS\*:** 3

**LABORATORY HOURS\*: (contact hours)** 0 **OBSERVATION HOURS\*:** 0

1. **FACULTY CONTACT INFORMATION: *(Course Syllabus – Individual Instructor Specific)***
2. **COURSE DESCRIPTION\*:** Study of physical education, exercise science, sport, and other related fields as academic disciplines and professions. Examination of history, philosophies, concepts, issues, and trends of physical education and sport.
3. **LEARNING OUTCOMES\*:**

1. Identify the objectives of physical education, fitness, and sport and explain the meaning of each.

2. Formulate a personal philosophy of physical education, fitness, and sport.

3. Begin to understand the duties and responsibilities of a professional physical educator.

4. Learn about the different sub-disciplines and allied professions of physical education.

5. Learn about the history of physical education in the United States.

6. Investigate possible careers in physical education and initiate activities to assist in preparing for a career in the field.

7. Analyze current issues and trends in physical education, fitness, and sport and develop personal approaches for addressing these.

1. **ADOPTED TEXT(S)\*:**

*Foundations of Physical Education, Exercise Science, and Sport*

20th Edition (Inclusive Access e-book only with Connect)

Walton-Fisette, Jennifer (2021)

New York City, NY: McGraw-Hill.

ISBN – 9781260986631

**9a: SUPPLEMENTAL TEXTS APPROVED BY FULL TIME DEPARTMENTAL FACULTY (INSTRUCTOR MUST NOTIFY THE BOOKSTORE BEFORE THE TEXTBOOK ORDERING DEADLINE DATE PRIOR TO ADOPTION) \*\*\*.**

1. **OTHER REQUIRED MATERIALS: (SEE APPENDIX C FOR TECHNOLOGY REQUEST FORM.)\*\***

Students may choose to opt-out and not be charged or receive this Follett Access (Inclusive Access) class resource.  Not having this resource could impact the student’s ability to stay current in the course and may impact academic success.  To opt-out, student must contact the campus bookstore.

1. **GRADING SCALE\*\*\*:**

Grading will follow the policy in the catalog. The scale is as follows:

A: 90 – 100

B: 80 – 89

C: 70 – 79

D: 60 – 69

F: 0 – 59

1. **GRADING PROCEDURES OR ASSESSMENTS: (*Course Syllabus – Individual Instructor Specific – Sample Below)***

* Two papers – 20%
* Scholarly article reviews and web site reviews - 10%
* Exams - 50%
* \*Class participation – 20%

\*May include overall attendance, case studies, fitness testing, observations, quizzes, participation in class discussions, and any other group activities the instructor requires.

1. **COURSE METHODOLOGY: *(Course Syllabus – Individual Instructor Specific – Samples Below)***

Written tests, lecture, field trips (classroom observations of elementary and secondary physical education classes), papers (personal philosophy and interview of a professional), web site reviews, journal article reviews, and case study discussions.

1. **COURSE OUTLINE: *(Course Syllabus – Individual Instructor Specific)***

* Week One - Introduction to course, meaning and scope - define physical education, exercise science, health, recreation, leisure, dance (LO 1)
* Week Two - Philosophies of physical education (LO2)
* Week Three - Health and physical education in society (LO 1)
* Week Four - History of physical education in the world and in the United States (CO 5)
* Week Five - History of physical education in the world and in the United States cont. (LO 5)
* Week Six - Motor behavior and motor development (LO 4, and 6)
* Week Seven - Biomechanical foundations (LO 4, and 6)
* Week Eight - Biomechanical foundations cont. (LO 4 and 6)
* Week Nine - Exercise physiology and fitness (LO 4 and 6)
* Week Ten - Exercise physiology and fitness cont. (LO 4 and 6)
* Week Eleven - Careers in physical education and professional development (LO 3 and 6)
* Week Twelve - Teaching and coaching careers (LO 3 and 6)
* Week Thirteen - Fitness and health-related fields (LO 3 and 6)
* Week Fourteen - Sport careers (LO 3 and 6)
* Week Fifteen - The future of physical education - issues and trends (LO 7)
* Week Sixteen - Final exam

1. **SPECIFIC MANAGEMENT REQUIREMENTS\*\*\*:**

None

1. **FERPA:** Students need to understand that your work may be seen by others. Others may see your work when being distributed, during group project work, or if it is chosen for demonstration purposes. Students also need to know that there is a strong possibility that your work may be submitted to other entities for the purpose of plagiarism checks.
2. **DISABILITIES:** Students with disabilities may contact the Disabilities Service Office, Central Campus, at 800-628-7722 or 937-393-3431.
3. **OTHER INFORMATION\*\*\*:**

None

**SYLLABUS TEMPLATE KEY**

**\*** Item cannot be altered from that which is included in the master syllabus approved by the Curriculum Committee.

**\*\*** Any alteration or addition must be approved by the Curriculum Committee

**\*\*\*** Item should begin with language as approved in the master syllabus but may be added to at the discretion of the faculty member.